

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ian Van Der Walt**

Has successfully participated & completed the

**Solo Bull Cowhouse Cross Duathlon 2018 #4**

held at Cowhouse Market.

**TIME 02:03:59**

**PACE 04:15/km**

**OVERALL 2 of 7**

**GENDER 2 of 7**

**40 - 49 1 of 2**

15 July 2018, Sun

Date



*BoutTime*

Signature

